Lydia West

Actor \cdot Female

Lydia can now be seen in the Channel 4 series BIG MOOD, alongside Nicola Coughlan. She made her stage debut in the Headlong and the Barbican's A PLAY FOR THE LIVING IN A TIME OF EXTINCTION, directed by Katie Mitchell. Recent credits include spy-thriller GRAY opposite Patricia Clarskon and Jim Strouse's feature film LOVE AGAIN. Other TV credits include INSIDE MAN for BBC1 & Netflix, THE PENTAVERATE, starring Mike Myers, the AppleTV+ series SUSPICION, Mark Gatiss and Steven Moffat's hit BBC 1 / Netflix series DRACULA and the critically acclaimed Russell T Davies' drama YEARS & YEARS, for BBC/HBO. Lydia stars in Russell T Davies' Channel 4/HBO Max hit series IT'S A SIN playing the role of 'Jill', which she was BAFTA nominated for Best Actress. Lydia was named a BAFTA Breakthrough participant for 2021.



TELEVISION

PRODUCTION (ROLE)	COMPANY	PROJECT DETAILS
BIG MOOD (Eddie)	Channel 4 / Dancing Ledge Productions	Dir. Rebecca Asher
GRAY (Sara Beckham)	AGC / Lionsgate	Dir. Ruba Nadda
INSIDE MAN (Beth Davenport)	Hartswood Studios / BBC / Netflix	Dir. Paul McGuigan
THE PENTAVERATE (Reilly)	Jax Media for Netflix	Dir. Tim Kirkby
SUSPICION (Monique)	Apple	Dir. Chris Long & Stefan Schwartz
IT'S A SIN (Jill Baxter)	Red Productions for Channel 4	Dir. Marco Kreuzpaintner
DRACULA (Lucy)	Hartswood Films for BBC1 / Netflix	Dir. Paul McGuigan
YEARS & YEARS (Bethany)	Red Productions for BBC1/HBO	Dir. Simon Cellan-Jones

FEATURE FILM

PRODUCTION (ROLE)	COMPANY	PROJECT DETAILS
HIGHER GROUNDS (Bridget)	Unclaimed Freight Productions	Dir. Randall Miller
TEXT FOR YOU (Lisa)	Thunder Road	Dir. Jim Strouse



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PRODUCTION (ROLE)	COMPANY	PROJECT DETAILS
A PLAY FOR THE LIVING IN A TIME OF EXTINCTION	Headlong / Barbican	Dir. Katie Mitchell
SEMBLE 17 WHEN I CAME HOME AFTER FIFTEEN YEARS (Alora Spirit)	The Cockpit Theatre	Dir. Jude Alderson
THE MAIDS (Claire)	Amazonia Theatre Company	Dir. Jude Alderson
KING LEAR (Cordelia)	BL Acting	Dir. Andrew Arnold

SKILLS / QUALIFICATIONS

Accents & Dialects: African-Eastern, American-California, American-New York, American-Southern States, American-Standard, Barbadian, Caribbean, Cockney, English-Standard, Heightened RP, Irish-Southern, London*, RP

Music & Dance:

Ballet, Ballroom Dancing, Choreography, Commercial Dance, Contemporary Dance, Dance (general), Hip Hop Dance, Jazz Dancing, Lyrical Dance, Street Dance, Street Jazz, Tap*